

TELEHEALTH: FOR SCHOOL-BASED OT

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Disclaimer

- The presenters are not attorneys and do not provide legal advice. Any legal issues should be directed to licensed practicing attorneys of the state.
- The presenters are OT practitioners and OT faculty and do not represent any entities such as the government, insurance companies, universities or state school districts.
- Fact-based specific policy or procedure questions should be referred to the appropriate entity addressing those issues.
- Seminar content is presented for informational purposes and is as accurate as possible; however, because telehealth is ever evolving, information is subject to change.
- Specific discussions are for example purposes only. All names have been changed and comply with all HIPAA laws.

Meet the Presenters



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Learning Objectives

Overview of the Essentials

We will look at....

- Difference between telemedicine, telepractice, telerehabilitation and telehealth
- Different types of telehealth
- Define originating site and distant site
- Define telehealth as per the AOTA and WFOT definitions

LEARNING OBJECTIVES

- Define key terms essential to understanding OT telehealth.
- Describe resources necessary for navigating licensing and regulatory issues related to delivering school-based occupational therapy telehealth services to or from respective states
- Discuss three benefits of OT services delivered via telehealth.
- Discuss three barriers for OT services delivered via telehealth.
- Identify appropriate versus inappropriate uses of OT telehealth.

Important that we begin with.....



In Summary

1) Determine the following relevant to your location and location of child:

- Licensing
- Regulatory
- Reimbursement
- Privacy
- Documentation requirements

3) For each child and family:

- Consider the person: use clinical judgement to determine if telehealth/ which type can be a match
- Consider the family: what is the environment like? Privacy? Available materials? Available equipment? Availability of an e-helper?
- What are the occupations of focus?
 - Consider goals and objectives
 - Consider options to integrate real-life activity
 - Facilitate by direct intervention? Consultation with caregivers?

2) Prepare:

- Investigate platform and features
- Practice with a colleague or friend
- Do a trial run of activities before trying with a child
- Screen and trial interactive websites before using
- Set realistic expectations for incorporating telehealth into practice (start small and increase as you experience success)

Reflect, Connect and Refine:

- Reflect on sessions: what went well? What didn't?
- Connect with other OT practitioners (FaceBook, YouTube, Pintrest)
- Plan & practice for upcoming sessions.
- Be creative! This is where we as OTs accel!

Resources

Organization	
AOTA- Join if you can! There are resources there that are available to members only.	https://www.aota.org/
AOTA-OT and Telehealth in the Age of COVID-19	https://www.aota.org/Practice/Manage/telehealth/coronavirus.aspx
AOTA- Occupational Therapy and Telehealth State Statutes, Regulations and Regulatory Board Statements **Requires Membership	https://www.aota.org/~media/Corporate/Files/Secure/Advocacy/State/Telehealth-State-Statutes-Regulations-Regulatory-Board-Statements.pdf
American Telemedicine Association- 2019 State of the States: Coverage and Reimbursement	https://cdn2.hubspot.net/hubfs/5096139/Files/Thought%20Leadership_ATA/2019%20State%20of%20the%20States%20summary_final.pdf
Northeast Telehealth Resource Center	https://netrc.org/
Northwest Regional Telehealth Resource Center	http://nrtrc.org
US Department of Health and Human Services- Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency	https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html

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Thank you for Caring



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